



**Get to know more about Shkysi Cummings!**

I started playing handball at the age of 9 and I've been playing ever since then. I can say that I don't see myself stopping anytime soon. I grew up with my parents playing handball against their friends and having the time of their lives while I watched comfortably in someone else's chair, munching on a few different snacks and laughing at my parents when they missed a shot, or so my mom says.



There are so many positives about handball and my life has been affected greatly by this sport. I always felt that I could play this sport in place of the gym since I would sweat so much on the court from working my arms, legs, and hand-eye coordination. Along my health, I have met some amazing people that I call friends now and what makes us so close is our mutual love for this sport. In addition to the people that I've met through the sport, the trophies I've earned bring great meaning to my handball accomplishments.

I have been an Inner City Handball Association member for about 5 years and watching handball grow with the help of ICHA is wonderful. ICHA is the few of many organizations that creates tournaments for the youth all over New York City, gives prizes to the 1st to 3rd place winners, and provides breakfast and lunch for all participants. Supporters and donors to ICHA should know that donations and support will greatly impact the organization and the sport of handball. Handball needs to continue to grow so more people can see the true beauty of this sport like the way I see it. I hope that future generations will love and support this sport as much as I do because it has created such a beautiful community of friends and family that I would like to continue to be a part of for a long time.

-Shkysi Cummings



**Player Statistics/Accomplishments**

- 2012 First Annual Back to School USWA Tournament- 2nd Place
- 2013 PHA 14 and Under Doubles- 2nd Place
- 2013 PSAL Girl's Handball Team- Championships
- 2013 PSAL Girl's Handball Singles Invitationals- 1st Place
- 2013-14 PSAL Girl's Handball Singles Individuals- 2nd Place
- 2014 USWA Prep for Success Tournament- 1st Place
- 2014 USWA Nickelodeon Worldwide Day of Play Wallball Tournament- 1st Place
- 2014 ICHA High School Spring Meet 15 and Under Doubles- 2nd Place
- 2014 ICHA High School Spring Meet 15 and Under Singles- 2nd Place
- 2014 USWA Back to School Event- 1st Place
- 2015 PHA Girl's 17-15 Doubles- 1st Place
- 2015 ICHA High School Spring Meet 15 and Under Singles- 1st Place
- 2015 ICHA High School Spring Meet 15 and Under Doubles- 1st Place
- 2015 USWA Prep for Success Girls Doubles 14-18- 1st Place
- 2015-16 PSAL Girl's Handball Team- Championships
- 2015-16 PSAL Handball Individuals Singles- 1st Place
- 2016 ICHA Women's Open Singles- 1st Place
- 2016 ICHA Speaker's Cup Girl's 15 and Under Singles- 1st Place
- 2016-17 PSAL Girl's Handball Team Championships
- 2016 WPH NYC Shootout 17 and Under Singles- 1st Place

- 2016 ICHA High School Spring Meet 15 and Under Singles
- 2016 ICHA High School Spring Meet 15 and Under Doubles- 1st Place
- 2016 USWA Prep for Success Wallball Tournament Doubles- 1st Place
- 2016 USHA Junior Nationals Girl's 17 and Under Singles- 1st Place
- 2016-17 PSAL Girl's Handball Individuals- 1st Place
- 2016-17 PSAL Girl's Handball Invitationals- 1st Place
- 2016-17 PSAL Girls Handball Team- Championships
- 2016-17 PSAL Girl's Handball- Wingate Award
- 2017 USHA/ICHA Wallball Junior Nationals Girls Doubles 17 and Under-1st Place
- 2017 USWA Anti -Bullying Tournament Women's Opens Doubles- 2nd Place
- 2017 ICHA High School Spring Meet Girl's 19 and Under Doubles-1st Place
- 2017 ICHA High School Spring Meet Girl's 19 and Under Singles-1st Place
- 2017 Bayside High School Female Athlete of the Year
- 2017-18 PSAL Handball Individuals Singles- 1st Place
- 2018 A-1 Sports Ladies Open Doubles Handball Tournament- 3rd Place
- 2018 USHA Junior Nationals One-Wall Girls 19 and Under Singles- 1st Place
- 2018 USWA St. James Women's Opens Doubles-2nd Place
- 2018- Zerega Handball ALLIANCE Women's A/B Doubles Tournament- 1st Place