



Get to know more about Ray Lu!

Playing handball was the best thing that could've happened to me. It shaped me into the competitive, hard working and humble person I am today. Playing handball has allowed me to spend quality time with friends and at the same time, have a great workout.

Growing up in Bensonhurst, Brooklyn as an Asian individual wasn't as easy. I always got picked on but playing handball helped me stay away from all the negativity. I saw handball as an escape for many people that had to deal with similar negativity that I dealt with. When I started playing handball on a competitive level, I remember always looking forward to playing in the ICHA handball tournaments because it allowed me to bond with and meet new people in different communities. This sport has truly brought people together through positivity.



I loved and still love the competitiveness and dedication players have for this sport. ICHA tournaments have benefited my life, and it is a plus to know that some tournaments I compete in are for other causes like bringing awareness to Leukemia and Lymphoma Blood Cancer.

Ray Lu



Player Statistics/Accomplishments

2013 ICHA Big Blue Championships 13 & Under Singles- 3rd Place

2013 ICHA Big Blue Championships 15 & Under Doubles- 1st Place

2013 PHA 14 & Under Singles- 1st Place

2014 ICHA 23rd Annual High School Spring Meet sponsored by Berkowitz II 15 & Under Doubles- 1st Place

2014 ICHA Big Blue Championships 15 & Under Doubles- 1st Place

2015 ICHA 24th Annual High School Meet sponsored by the Berkowitz II Foundation 19 & Under Doubles (A)- 1st Place

2015 ICHA 24th Annual High School Meet sponsored by the Berkowitz II Foundation 15 & Under Doubles (A)- 2nd Place

2015 21st Annual Speakers Cup (formally Mayor's Cup) 17 & Under- 2nd Place

2015 YMCA Harry Mellis Program 4-Wall Tournament 17 & Under Doubles- 2nd Place

2015 Battle of the Parks C Doubles- 1st Place

2016 25th Annual ICHA / Berkowitz II High School Spring Meet 19 & Under Doubles (A)- 1st Place

2016 ICHA / Central Park Conservancy ICHA Big Blue Handball Championships 15 & Under Singles- 1st Place

2016 ICHA 22nd Annual Council Speaker's Cup Handball Championships 19 & Under Singles- 2nd Place

2016 ICHA 22nd Annual Council Speaker's Cup Handball Championships 19 & Under Doubles- 1st Place

2016 ICHA / Central Park Conservancy ICHA Big Blue Handball Championships 15 & Under Doubles- 2nd Place

2016 ECHO C Doubles- 1st Place

2016 Wallball 17 & Under Doubles- 1st Place

2016 WPH Handball Tournament 15 & Under Singles- 1st Place

2016 Shoot to Kill Invitational B Doubles- 2nd Place

2016 PHA C Doubles- 2nd Place

2017 ICHA Play Handball For the Cure Speaker's Cup Handball Championships 17 & Under Singles- 1st Place

2017 Play Handball For the Cure Speaker's Cup Handball Championships 17 & Under Doubles- 2nd Place

2017 ICHA USHA / ICHA Jr. Big Blue Nationals and Adult Championships 17 & Under Doubles- 1st Place

2017 PHA 17 & Under Doubles- 1st Place

2017 Castle Hill Handball Tournament 17 & Under Doubles- 2nd Place

2018 The 27th Annual ICHA/ Berkowitz II High School Spring Meet 17 & Under Singles- 2nd Place

2018 The 27th Annual ICHA/ Berkowitz II High School Spring Meet 19 & Under Doubles (A)- 1st Place

2018 Junior Small Ball Nationals Handball Tournament 19 & Under Singles (A)- 2nd Place

2018 Junior Small Ball Nationals Handball Tournament 19 & Under Doubles (A)- 1st Place

2018 Speaker's Cup (formerly Mayor's Cup) Handball Tournament 19 & Under Singles- 1st Place

2018 Speaker's Cup (formerly Mayor's Cup) Handball Tournament 19 & Under Doubles- 1st Place

2018 USHA/ICHA Jr. Big Blue Nationals/ Adult Singles Championships 19 & Under Singles- 1st Place

2018 ECHO C Doubles- 1st Place

2018 58th USHA National One-Wall Championships A Singles- 1st Place

2018 58th USHA National One-Wall Championships B Singles- 2nd Place