



Get to know more about Isaiah Hong!

Inner City Handball Association has provided me with many opportunities to compete in various tournaments to help further build my skills in playing handball and most importantly my character. More so, this organization's hosting tournaments at affordable costs enables to bring together people from all over New York City. The limitations that prevent people from interacting with others suddenly are brought together through handball. I find this amazing! Up until to this point competing in ICHA tournaments, I have met and made many friends.



I was introduced to this sport in elementary school by my older brother. In many instances, he dragged me to the handball courts nearby his middle school and I would watch him play. It continues to boggle my mind today that a sport introduced to me in a negative way turned out to be one of the best things that have happened to me.

Playing handball helped me stay in shape throughout my high school and college years. In particular, in stressful moments of maintaining balance in my life, I always looked forward to playing handball. One aspect I enjoy about handball are its variations of playing the sport. In any case if I look forward to challenge myself, I transition from playing big ball to small ball in either a one-wall or four-wall court.

ICHA enables me to enjoy that flexibility by supporting these variations through training clinics and tournaments. I am a huge fan of their core values and mission. Anybody seeking to make a potential lasting impact on someone's life, support ICHA!

-Isaiah Hong

Player Statistics/Accomplishments

2015 ICHA 24th Annual High School Spring Meet 19 and Under B Boy's Singles Small Ball – 2nd Place

2015 PSAL Invitationals Doubles Champion – 1st Place

2016 ICHA 25th Annual High School Spring Meet 19 and Under A Boy's Single Small Ball – 2nd Place

2016 PSAL Invitationals Singles – 3rd Place

2016 PSAL Individuals Singles – 3rd Place 2016 PSAL Wingate Award Recipient

2017 ICHA Speaker's Cup Handball Men's Singles Small Ball B – 1st Place

