



Get to know more about Gary Luk!

I play handball because it allows me to spend quality time with friends and it allows me to meet new people in and out of the handball community.

I became a better handball player because I always played people that were better than me. I also played in different parks and against different players because I knew I needed to adapt to new playing styles and new park environments.



Joining ICHA tournaments allowed me to get great tournament experiences and it allowed me to spend quality time with my friends and play fun handball games. Besides the ICHA tournaments, my experience at the YMCA Harry Mellis Program was nothing but positivity. Being in this program allowed me to play people from other boroughs and what I enjoyed about it was that I would have different competitions all the time.

I recommend upcoming juniors to play in ICHA tournaments because every handball player wants to get better. People always ask me how to become a better player and the answer is to join more tournaments to gain experience.

-Gary Luk



Player Statistics/Accomplishments

2014 23rd Annual High School Spring Meet sponsored by the Berkowitz II Foundation Boy's 15 Under Doubles-1st Place

2014 23rd Annual High School Spring Meet sponsored by the Berkowitz II Foundation Boy's 15 Under Singles-1st Place

2014 30th Annual Council Speaker's Cup Handball Tournament Boy's 15 Under Singles- 1st Place

2014 21st Annual ICHA Big Blue Championships Boy's 15 Under Doubles- 1st Place

2014 21st Annual ICHA Big Blue Championships Boy's 15 Under Singles- 1st Place

2015 24th Annual High School Spring Meet sponsored by the Berkowitz II Foundation Boy's 17 Under Singles- 1st Place

2015 24th Annual High School Spring Meet sponsored by the Berkowitz II Foundation Boy's 17 Under Singles- 2nd Place

2015 21st Annual ICHA NYC Council Speaker's Cup Handball Championships Boy's 17 Under Singles- 1st Place

2015 21st Annual ICHA NYC Council Speaker's Cup Handball Championships Boy's 17 Under Doubles-2nd Place

2016 USHA/ICHA Junior One-Wall Handball Nationals Boy's 17 Under Singles- 1st Place

2016 USHA/ICHA Junior One-Wall Handball Nationals Boy's 17 Under Doubles- 1st Place

2016 Annual Council Speaker's Cup Handball Championships Boy's 17 Under Doubles- 1st Place

2016 Annual Council Speaker's Cup Handball Championships Boy's 17 Under Singles- Semi-Finalist

2017 26th Annual ICHA/ Berkowitz II High School Spring Handball Meet Boy's 19 Under A Singles- 1st Place

2017 26th Annual ICHA/ Berkowitz II High School Spring Handball Meet Boy's 19 Under A Doubles- 1st Place

2017 USHA/ ICHA Jr. Small Ball Nationals Boy's 19 Under A Singles- 1st Place

2017 USHA/ ICHA Jr. Small Ball Nationals Boy's 19 Under A Doubles- 1st Place

2017 ICHA Speaker's Cup (formerly Mayor's Cup) Handball Championships Boy's 19 Under Singles- 1st Place

2017 ICHA Speaker's Cup (formerly Mayor's Cup) Handball Championships Boy's 19 Under Doubles- 2nd Place

2017 USHA/ICHA Jr. Big Blue Nationals and Adult Championships Boy's 19 Under Singles- Semi Finalist

2017 USHA/ICHA Jr. Big Blue Nationals and Adult Championships Boy's 19 Under Doubles- 2nd Place

2018 USHA/ICHA Jr. Small Ball Nationals Boy's 19 Under Singles- 1st Place

2018 USHA/ICHA Jr. Small Ball Nationals Boy's 19 Under Doubles- 1st Place

2018 Speaker's Cup (formerly The Mayor's Cup) Handball Tournament 19 Under Singles- 2nd Place

2018 Speaker's Cup (formerly The Mayor's Cup) Handball Tournament 19 Under Doubles- 2nd Place