



Get to know more about Cathy Chen!

My most memorable handball stories have got to be when I joined tournaments with my friends. We practiced every day with one another so that at least one of us could get to a high skill level. Us watching each other compete in tournaments and cheering each other on was one of the most enjoyable parts. If one of us was winning, I always thought to myself, "Yay we did this." I also got to meet new people along the way that had different skills than me and I was glad to see all these different players compete.



One of the reasons I joined handball was because I wanted to wear less form fitting athletic wear than volleyball and my coach told me I should join handball. As I played more, I was drawn more into the handball world and met a lot of people along the way like Shantel and Jenny, who taught me more about the game and helped me grow.

During my time in the PSAL, my team played only people in our division. That was unless we made it to the playoffs and not get kicked out in the early rounds. I liked competing in ICHA tournaments mainly because I got to compete against people from all 5 boroughs. In ICHA tournaments, there are higher varieties of skill sets amongst everyone and it's good to see everyone with different play styles.

Handball is exciting, thrilling, and nerve-wracking. The game itself is extremely fun to play and I had so much fun competing against new people that were on a different levels than me. However, there were times when the games were scary because the scores were close and one wrong move would've messed everything up.

-Cathy Chen



Player Achievements

26th Annual ICHA/Berkowitz II High School Spring Meet (2017)
Girl's 15 Under Small Ball Singles– Semi-Finalist

Junior WPH NYC 1Wallball Shootout (2017)
Girl's 15 Under Singles– 1st Place

USHA/ICHA Junior Big Blue Nationals (2017)
Girl's 17 Under Singles– 2nd Place
Girl's 17 Under Doubles– 1st Place

27th Annual ICHA/Berkowitz II High School Spring Meet (2018)
Girl's 19 Under Small Ball Singles– 1st Place

USHA/ICHA Junior Small Ball Nationals (2018)
Girl's 17 Under Singles– Semi-Finalist
Girl's 17 Under Doubles– Semi-Finalist

Speaker's Cup (formerly Mayor's Cup) Handball Tournament (2018)
Girl's 17 Under Singles– 1st Place
Girl's 17 Under Doubles– 2nd Place

PSAL Invitationals (2019)
Singles– 2nd Place

USHA Junior National One-Wall Small Ball Handball Championships (Co-sponsored by ICHA) (2019)
Girl's 17 Under Singles– 1st Place
Girl's 19 Under Singles– 2nd Place

Prince and Princess of the Court (2019)
Singles– 2nd Place

Play Handball for the Cure Speaker's Cup (formerly Mayor's Cup) Handball Tournament (2019)
Girl's 17 Under Singles– 1st Place
Girl's 19 Under Singles– 1st Place